1st HALF YEARLY MONITORING REPORT OF MDM FOR THE CHANDIGARH (U.T.)

Period: 1st October 2013 to 31st March 2014



Districts Covered

Chandigarh

Nodal Officer:

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1st Half Yearly Monitoring Report ofPanjab University on MDM for the Chandigarh (UT)

(Period: 1st October 2013 to 31st March 2014)

GENERAL INFORMATION:

	Information	Details	
1.	Name of the Monitoring Institute	Panjab Uni	versity, Chandigarh
2.	Period of the report	1 st Octobe	er 2013 to 31 st March 2014
3.	No. of Districts allotted	One	
4.	Name of Districts Covered	Chandigarh	
5.	Month of visit to the Districts / Schools	November,	2013 to February, 2014
6.	Total number of elementary schools (primary and upper primary in the Districts)-Chandigarh	Total Schools = 104 Schools with Primary & upper primary section =97 PS = 07	
7.	Number of elementary schools	Primary So	chools = 05
	monitored (primary and upper primary to be counted separately) - Chandigarh	Upper Primary Schools (Schools with Primary & upper primary section)= 35	
8.	TYPES OF SCHOOL VISITED		
Α	Special training centers (Residential)	00
В	Special training centers (Non Reside	ential)	04
С	Schools in Urban Areas		29
D	School sanctioned with Civil Works		02
F	School from NPEGEL Blocks		Nil
G	Schools having CWSN		4
Н	School covered under CAL program	me	05
I	KGBVs/Residential		00
9.	Number of schools visited by Nodal Officer of the Monitoring Institute		8
10.	Whether the draft report has been shathe SPO: YES / NO	nared with	YES

11.	After submission of the draft report to the SPO whether the MI has received any comments from the SPO: YES / NO	YES ANNEXURE- II
12.	Before sending the reports to the GOI whether the MI has shared the report with SPO: YES / NO	YES

- 12. Details regarding discussion held with state officials: To be filled after presentation.

 Annexure-1
- 13. Selection Criteria for Schools: As per MHRD's needs categories are selected.

 Within categories schools were selected randomly.(as per TOR)

14. Items to be attached with the report:

a)List of Schools with DISE code visited by MI.

Attached

Attached

Attached

Coordinator/ District Incharges

S.No	Coordinator/ Incharge		Field Investigator
1.	Dr. Jatinder Grover	1	Ms. Tapinder
	Nodal Officer, Chandigarh.	2	Mr. Amit
2	Dr. Kanwalpreet Kaur (District Incharge for Monitoring of SSA& MDM)	3	Mr. Vineet

EXECUTIVE SUMMARY - MID DAY MEAL FOR THE DISTRICT - CHANDIFARH (UT)

(Period: 1st October 2013 to 31st March 2014)

DISTRICT - 1 : CHANDIGARH

- As per information given by teachers and students, and verification of records relating to MDM, all of the sampled schools from the district served hot cooked meal on daily basis.
- 2. The MI team visited the school during November, 2013–February, 2014 and all of the schools are providing hot cooked food either by centralized kitchen or prepared in the school premises.
- 3. The supply of food grains to schools in the state is done on fortnightly basis, which is by and large regular.
- 4. The MI team visited the school during November, 2013–February, 2014 and all of the schools/ centralized kitchens have buffer stock of wheat / rice for 8-10 days.
- 5. Food grain is delivered to the schools centralized kitchens at their doorstep.
- The sampled schools (making their food at own) has received the cooking cost for MDM regularly.
- 7. No discrimination is observed by the MI, nor was it reported by the teachers and students, on the basis of gender or caste in cooking and serving of MDM.
- 9. The daily menu in majority of the sampled schools was mainly varietal as Chapati, Rice and Dal/ Karhi are served. But more green seasonal vegetables need to be added to the menu. But in the case of evening shift schools served by centralized kitchen only rice based menu is served.
- 10. Weekly menu for MDM was displayed in the all of the sampled schools visited and food is by and large served as per the menu.
- 11. Responses of the teachers and students revealed that in all the sample schools variety of foods as far as possible are served.
- 12. An interaction with the children on the day of visit revealed that in all of the schools, majority of children are happy and satisfied with the quantity and quality of MDM served to them in schools. But in 6 schools students reported that the food is

- sometimes more spicy and semi cooked chapattis / overcooked rice are served but that is not a routine. The ingredients used like oil, salt, red pepper powder or turmeric powder used is of standardized quality and branded one.
- 13. All the sampled schools have engaged cook cum helpers specifically for MDM scheme as per the norms.
- 14. In every sampled school helpers are paid remuneration of Rs. 2622/- per month.
- 15. In terms of gender composition, all of the cooks cum helpers in the sampled schools were female. In terms of social composition, all the in the sample schools belong to SC/BC category. In school based kitchens one supervisor is appointed.
- 16. Kitchen sheds cum store for MDM service are constructed in 7 of the schools visited by MI and in other schools food is provide by centralized kitchen. Kitchen shed cum stores are good one on the basis of safety and hygiene. Infrastructure and facilities in centralised kitchens are there but minimum food entitlements of students should be taken care of in all kitchens.
- 17. All the schools had potable water for cooking and drinking purpose. In all schools water coolers and water filters were installed. But in kitchens of schools, water filters need to be installed.
- 18. Fire extinguisher installed in all schools preparing food in school premises.
- 19. All the schools are using LPG for cooking of the MDM and all of the schools reported that LPG is delivered at their doorstep.
- 20. All of the sampled schools had adequate utensils for cooking of MDM. But eating plates to have food were not available in all schools.
- 21. The process of cooking and storage of fuel is safe in all of the schools and centralized kitchens. Standardized gas pipes and regulators are being used.
- 22. Discipline and order is maintained by 100% of the sample schools with children while taking MDM.
- 23. Food is transported in steel patilas from the kitchens in mini trucks under the supervision of a supervisor appointed by the department.
- 24. 18 of the schools reported that participation of parents in supervision and management was not satisfactory and in 22 schools, parents are taking somewhat

interest in the food supervision.

- 25. Participation of members of SMCs in the inspection and supervision of MDM was fair in 24 and not fair in 16 of the sampled schools.
- 26. Roster for parents and community members for day-to-day supervision of the MDM was not prepared by any of the school visited by the MI. However parents have signed in registers that they have checked the food on some days.
- 27. All of the sampled schools maintained health cards/registers for their students. Health Check – up for students is done in all of the schools; entries for height and weight are made.
- 28. Micronutrients such as iron and folic acid; and deworming tablets are given to children by all of the sampled schools. No vitamin A is given.
- 29. As per the information received from the teachers of the 16 sampled schools are monitored by State Level Officers in the last one year. At the same time 30 reported that they are inspected once by the District Level Officers in the last six months.
- 30. Cooking at the centralized institutes is supervised by the Principals/Heads of the schools from 5:00 to 8:00 a.m(vice principals) & 8: 00 a.m. to 10.00 a.m. (Principals) in rotation. Further retired personnel have been engaged as Inspectors/Supervisors to monitor the cooking and distribution of cooked meal in the schools from the centralized kitchens.
- 31. As per the inputs received from the headmasters and teachers of the 14 of the sampled schools, the introduction of MDM has improved somewhat attendance of students in the school; in 18 of the schools, headmasters and teachers of the sample schools, the introduction of MDM has improved the attendance of students after recess; in 7 schools heads reported that MDMS and other SSA provisions has improved the enrolment of the students of poor colonies adjacent to the towns and cities; while as many as in 6 schools, teachers and heads reported an improvement in the nutritional status of the children.
- 32. Grievence redressal mechanism is there. Phone No's at state level given and Email can be sent to the SPD and Mid day meal incharge but phone no's need to be displayed in schools.

CONSOLIDATED REPORT OF MID DAY MEAL - PUNJAB STATE (Period of 1st October, 2013 to 31st March, 2014) <u>DISTRICT : CHANDIGARH</u>

The monitoring institute has collected data from 40 schools. The sample of 40 schools includes primary schools (5) and upper primary schools having primary and upper primary sections (35). The selection of schools to be included into the sample has been made with the help sought from Sarva Shiksha Abhiyan and MDM officials of the District – Chandigarh (UT).

<u>1.0.</u>	REGULARITY IN DELIVERING	FOOD GRAINS TO SCHOOL LEVEL
1.1.	Is school/implementing agency	The supply of food grains (rice and wheat flour)
	receiving food grain regularly?	to schools and centralized kitchens in the UT is
	If there is delay in delivering	done on fortnightly basis by the Deptt. of School
	food grains, what is the extent	Education.
	of delay and reasons for the	Deptt. of Education, UT is receiving the grains
	same?	regularly.
1.2	Is buffer stock of one-month's	At the time of visit of members of MI, the sample
	requirement maintained?	schools/ centralized kitchens were having buffer
		stock of wheat flour/ rice for 8-10 days.
1.3	Is the food grains delivered at	All the sampled schools/ centralized kitchens
	the school?	reported that food grains were delivered at their
		door step.
1.4	Is the quality of food grain	Yes, as the headmasters/ teachers; managers at
	good?	centralised kitchens reported that the quality of
		food grains (wheat flour /rice) received by school
		is good. Spot verification of food grains has been
		done and the quality of food grain was found
		good.
2.0	REGULARITY IN DELIVERING	COOKING COST TO SCHOOL LEVEL
2.1	Timely release of funds	
	Whether State is releasing	•Funds released in advance to schools in case
	funds to District / block /	of cooking cost. Cook cum helper grant is also

advance? If not, Period of delay in releasing funds by State to district. Period of delay in releasing funds by District to block / schools. Period of delay in releasing funds by block to schools. Period of delay in releasing funds by block to schools. Any other observations. 2.2 Is school/implementing agency received cooking cost in advance regularly? If there is delay in delivering cooking cost what is the extent of delay and reasons for it? 2.3 In case of delay, how school/implementing agency manages to ensure that there is no disruption in the feeding programme? 2.4 Range of deficit in cooking cost in through banking channel? 2.5 Is cooking cost paid by Cash or through banking channel? 3.0 AVAILABILITY OF COOK-CUM-HELPERS 3.1 Engaging Cook-cum-helpers at schools 3.2 Who cooks and serves the In 7 schools i.e. food is cooked in school		school on regular basis in	in advance.
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	by the Department or Self Help	food is served by the centralized kitchen. The
	Group, or NGO or Contractor)	centralized kitchens are
		 Hotel Shivalikview, (CITCO), Sector 17, Chandigarh. Dr. Ambedkar Institute of Hotel Management Catering & Nutrition, Sector 42, Chandigarh. Chandigarh Institute of Hotel Management & Catering Technology, Sector 42/D, Chandigarh.
3.3	Is the number of cooks and	The number of cooks engaged in the schools
	helpers adequate to meet the	visited by MI was as per the norms of Gol.
	requirement of the school?	Schools having 25 or less than that were given
		1 cook while those with more than 25 but less
		than 100 were given 2 cooks. Schools having
		more than 100 students but less than 200 were
		given 3 cooks. The number of cooks was
		increased accordingly.
3.4	What is remuneration paid to	Rs. 2622/- pm.
	cooks/helpers?	
3.5	Are the remuneration paid to	The remuneration paid to the cooks is regular.
	cooks/helpers regularly?	All of the cooks in sampled schools reported
		that they get their remuneration on monthly
		basis.
3.6	Mode of payment to cooks?	By head of the school through the cheque.
3.7	Social Composition of cooks	Majority of the cooks are females belonging to
	/helpers? (SC/ST/OBC/Minority)	SC/ST/OBC/ Minority communities.
3.8	Training module for cook-cum-	Training module is there as communicated by the state and Chandigarh Institute of Hotel
	helpers	Management & Catering Technology, Sector
3.9	Training has been provided to	42/D, Chandigarh is involved in training. Training of 30 number of cooks is done in the by
J.8	cook-cum-helpers	hotel management institute sector-42.
3.10	·	- Control of the cont
3.10	Health check up of cooks	Health check up of Cook cum Helpers is done in centralized kitchen as well as in schools.
**	Status of Cooks. The number of	
		cooks engaged in the schools visited by MI was
	as per the norms of Gol. All of the	e cooks in sample schools reported that they get

	their remuneration @ Rs. 2622/- pm regularly.	
<u>4.0</u>	REGULARITY IN SERVING MEAL	
4.1	Regularity in Serving MDM Percentage of Schools serving hot cooked meal regularly.	Regularly served as reported by students, teachers and parents. The MI observed after interacting with the headmasters, teachers and children, and verification MDM registers that all of sampled schools are serving hot cooked food on daily basis. At the time of visit of the MI (November, 2013 to February, 2014) all of the schools have been providing hot cooked meal to all students in the lunch hour. Mid day meal is served in UT by two modes • By cooking in school premises in 7 school based kitchens i.e. GMSSS-10, GSSS-15, GMHS-38-D, GMHS-42, GMSSS-44, GMSSS-47 and GMSSS-26. • By Centralised kitchen= 3 kitchens 1. Dr. Ambedkar Institute of Hotel Management, Sec-42, Chandigarh. 2. Chandigarh Institute of Hotel Management, Sec-42, Chandigarh. 3. Chandigarh Industrial & Tourism Development Corporation (CITCO), Sec-17, Chandigarh.
4.2	If hot cooked meal is not served regularly, reasons thereof.	NA
4.3	Is there any prescribed norm for consideration for irregularity in serving MDM	NA
4.4	Quality and quantity of meal in the opinion of teachers, students or SMC members and any problems to children in serving MDM.	Quality: Good = 87% Satisfactory = 13% Quantity: Sufficient = 100%

Regularity in Serving Meal: All the 40 schools in the sample serve hot cooked meal daily. There has been no interruption stated by any student or teacher. The mid-day meal is served to all the students present on all working days. Majority of the students are satisfied with the quality and quantity of food. In schools namely GMSSS-10, GSSS-15, GMHS-38-D, GMHS-42 in which food cooked in the school premises were more happy during lunch hour to have food. Some students complained about the overcooked rice/ semi cooked rice and not too much tasty on the day of visit but these things are not a routine.



STUDENTS HAVING MDM IN GMSSS- 15, CHANDIGARH

<u>5.0</u>	QUALITY & QUANTITY OF MEAL	
5.1	Feedback from children on Quality of meal:	Quality of meal is quite good (as reported by the majority of students and checked by MI team)
5.2	Quantity of meal:	Quantity per student is enough for the students. Children and parents are happy.

5.3	Quantity of Rice/ wheat, pulses, fat & green leafy vegetables used in the meal per					
	child at prima	ry level.				
	Students	Dr. Ambedkar	Chandigarh	Chandigarh	School Based	
		Institute of	Institute of Hotel	Industrial &	Kitchen	
		Hotel	Management, Sec-	Tourism		
		Management,	42,	Development		
		Sec-42,		Corporation Sec-17,		
	Rice		70 gm	70 gm	100 gm	
	Wheat	95 gm + 10			100 gm	
		gm soya				
	Pulses	45gm	40gm	30gm	20 gm	
	Fat	25 gm	12.5 gm / 20 gm	7 gm	5-7 gm	
			gm			
	Vegetables	50 gm	50 gm	20-25 gm	50 gm	
5.4	Quantity of R	ice/ wheat, pulse	es, fat & green leaf	y vegetables used	in the meal per	
	child at upper	primary level.				
	Students	Dr. Ambedkar	Chandigarh	Chandigarh	School Based	
		Institute of	Institute of Hotel	Industrial &	Kitchen	
		Hotel	Management, Sec-	Tourism		
		Management	42,	Development		
		Management,				
		Sec-42,	·	Corporation Sec-17,	450	
	Rice		105 gm		150 gm	
	Rice Wheat	Sec-42,	·	Corporation Sec-17,	150 gm 150 gm	
		Sec-42,	105 gm	Corporation Sec-17, 70 gm		
		Sec-42, 95 gm + 10	105 gm	Corporation Sec-17, 70 gm		
	Wheat	Sec-42, 95 gm + 10 gm soya	105 gm	Corporation Sec-17, 70 gm	150 gm	
	Wheat	Sec-42, 95 gm + 10 gm soya 45 gm	105 gm 60 gm	Corporation Sec-17, 70 gm 30 gm	150 gm	
	Wheat	Sec-42, 95 gm + 10 gm soya 45 gm	105 gm 60 gm 12.5 gm / 20 gm	Corporation Sec-17, 70 gm 30 gm	150 gm	
5.5	Wheat Pulses Fat Vegetables	Sec-42, 95 gm + 10 gm soya 45 gm 25 gm	105 gm 60 gm 12.5 gm / 20 gm gm 75 gm	Corporation Sec-17, 70 gm 30 gm 7 gm 35-40 gm	150 gm 30 gm 10 gm	
5.5	Wheat Pulses Fat Vegetables	Sec-42, 95 gm + 10 gm soya 45 gm 25 gm	105 gm 60 gm 12.5 gm / 20 gm gm 75 gm	Corporation Sec-17, 70 gm 30 gm 7 gm 35-40 gm	150 gm 30 gm 10 gm	
5.5	Pulses Fat Vegetables Whether dou	Sec-42, 95 gm + 10 gm soya 45 gm 25 gm	105 gm 60 gm 12.5 gm / 20 gm gm 75 gm	Corporation Sec-17, 70 gm 30 gm 7 gm 35-40 gm	150 gm 30 gm 10 gm	
5.5	Wheat Pulses Fat Vegetables Whether dou used?	Sec-42, 95 gm + 10 gm soya 45 gm 25 gm 75 gm ble fortified salt	105 gm 60 gm 12.5 gm / 20 gm gm 75 gm is No Double for	Corporation Sec-17, 70 gm 30 gm 7 gm 35-40 gm tified salt used.	150 gm 30 gm 10 gm 75 gm	
	Wheat Pulses Fat Vegetables Whether dou used? Method / St	Sec-42, 95 gm + 10 gm soya 45 gm 25 gm 75 gm ble fortified salt	105 gm 60 gm 12.5 gm / 20 gm gm 75 gm is No Double for	Corporation Sec-17, 70 gm 30 gm 7 gm 35-40 gm tified salt used.	150 gm 30 gm 10 gm 75 gm	
	Pulses Fat Vegetables Whether dou used? Method / St equipment for	Sec-42, 95 gm + 10 gm soya 45 gm 25 gm 75 gm ble fortified salt andard gadgets or measuring t	105 gm 60 gm 12.5 gm / 20 gm gm 75 gm is No Double for the centralized kitch	Corporation Sec-17, 70 gm 30 gm 7 gm 35-40 gm tified salt used.	150 gm 30 gm 10 gm 75 gm	
	Pulses Fat Vegetables Whether dou used? Method / St equipment for	Sec-42, 95 gm + 10 gm soya 45 gm 25 gm 75 gm ble fortified salt	105 gm 60 gm 12.5 gm / 20 gm gm 75 gm is No Double for the centralized kitch	Corporation Sec-17, 70 gm 30 gm 7 gm 35-40 gm tified salt used.	150 gm 30 gm 10 gm 75 gm	

5.7	Acceptance of the meal	Students like MDM especially Rice - Karhi	
5.7	Acceptance of the meal amongst the children.	Students like MDM especially Rice - Rami	
**	Quality and Quantity of Meal:	The responses from the students, head teachers	
	and the SMC members have indicated details relating to the quality and quantity		
	food. All the students availing MDM have confirmed that they are getting sufficient		
	quantity of mid-day meal in all the schools. However, the responses differ slightly		
	with regard to the quality of the r	neal. It has been stated by most of the students in	
	34 visited schools that the qua	ality of the meal is good. There are only a few	
	students in 6 of visited schools s	students complained about overcooked rice / semi	
	cooked rice and not tasty (only	rice) but that is not a routine or varietal food. In	
	overall scenario, Quality is satisf	actory and quantity is enough; students, teachers	
	and parents are satisfied with	that. Meals as per minimum entitlement of	
	students to be served to the st	udents from all kitchens.	
<u>6.0</u>	VARIETY OF MENU		
6.1	Number of schools where menu	Menu displayed in all of the schools at the	
	is displayed on the wall and	appropriate place.	
	noticeable		
6.2	Who decides the menu?	At UT level with the consultation of dietician for	
		centralised kitchens. Menu is decided. However	
		there is some liberty for the teacher in-charge of	
		MDM to prepare food as per the demand of the	
		students like decision about green vegetables,	
		dal type in schools where food is cooked.	
6.3	Is the menu being followed	Schools/ centralised kitchens by and large	
	uniformly?	adhere to the menu.	
6.4	Does daily menu includes	In menu rice/ wheat and dal/ vegetables are	
	rice/wheat, pulses (dal) and	included.	
	vegetable?		
6.5	Number of schools where	For all six days different menu is there in all	
	variety of foods is served daily	schools but in evening shift school only rice	
		based menu is given for all six days.	
6.6	Whether menu includes locally	Karhi is the locally made dish.	
	available ingredients?		
		<u> </u>	

6.7	Whether menu provides	Cannot be commented without study by a
	required nutritional and calorific	dietician or doctor.
	value per child?	
6.8	Number of schools where same	There are no schools where the same food is
	food is served daily	served daily. There is some variety maintained
		on each day.

6.9 Menu Detail:

WEEKLY MENU OF MDM AT CENTRALIZED KITCHENS

1. Rice Based Menu From Hotel Shivalik View, (CITCO), Sector-17, Chandigarh.

Day	Menu	Per meal rates
Monday	Rice + Dal Masoor Sabut with vegetables	
Tuesday	Rice + Karhi with veg. pakoras	Rs. 4.50+ VAT @12.5%
Wednesday	Rice + Dal Urd Sabut with vegetables	for Primary and Upper primary
Thursday	Rice + Dal Masoor Sabut with vegetables	children
Friday	Rice + Karhi with veg. pakora	
Saturday	Rice + Dal Urd Sabut with vegetables	

2. Prantha Based Menu:

From Dr. Ambedkar Institute of Hotel Management, Sector-42, Chandigarh.

Day	Menu	Per meal rates
Monday	Prantha + Rajmah	
Tuesday	Prantha + Karhi Pakora	Rs. 8.94 for Primary and Upper primary
Wednesday	Prantha + Dal Chana + Vegetable	children
Thursday	Prantha + Rajma	Cilidien
Friday	Prantha + Karhi Pakora	
Saturday	Prantha + Mix Dal	

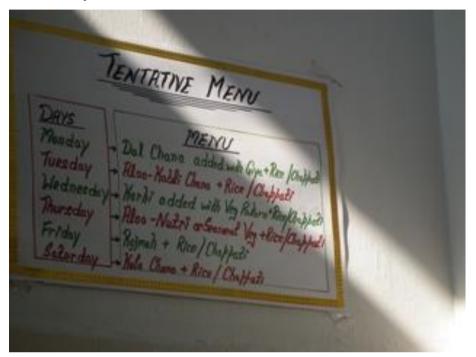
3. Veg. Pulao Based Menu

From Chandigarh Institute Hotel Management, Sector-42, Chandigarh.

Primary
ra Rs. 7.20+
VAT@12.5%
a
ra Upper Primary
Rs. 9.17+ VAT@12.5%

** Menu: According to the data collected, in all of the visited schools menu is displayed at the appropriate place.

<u>Variety of Menu:</u> The data confirmed that all the schools have some kind of variety in mid-day meals but in evening shift school only rice based menu is given for all six days.



MENU DISPLAYED IN SCHOOL BASED KITCHEN - GMHS-42



COOKING OF RICE PULAO IN CENTRALISED KITCHEN OF CIHM-42

<u>7.0</u>	INFORMATION ON DISPLAY:	
7.1	Display of Information under	No Boards have been there in this regard in
	Right to Education Act, 2009 at	any school or in centralised kitchen for
	the school level at prominent	quantity and balance of food grain,
	place	Only daily menu displayed.
	a) Quantity and date of	
	foodgrains received	
	b) Balance quantity of	
	foodgrains utilized during	
	the month.	
	c) Other ingredients	
	purchased, utilized	
	d) Number of children given	
	MDM	
	e) Daily menu	
7.2	Display of MDM logo at	Logo of MDM displayed in all schools.
	prominent place preferably	
	outside wall of the school.	
i		



KITCHEN SHED OF GMHS- 42, CHANDIGARH

<u>8.0</u>	TRENDS
	Extent of variation (As per school records vis-à-vis actuals on the day of visit)
	Institutes visited: PS (1-5): 5 ; UPS (1-8): 35

8.1.	No.	Details	On the	% age of	%age of
			day of	Enrolment	the present
			visit		
	1	Enrollment	39424		
	2	Number of children opted for	37819	95.92%	
		MDM			
	3	No. of children attending the	31353	79.52%	
		school on the day of visit			
	4	No. of children availing MDM	28671	72.72%	91.44%
		as per MDM Register			
	5	No. of children actually availing	27121	68.79%	86.50%
		MDM on the day of visit			
	6	Meals taken from centralized	19559	49.61%	62.38%
		kitchen on the day of visit			
	7	No. of children attending the	31002	78.63%	
		school on the previous day of			
		visit			
	8	Number of children availed	28481	72.24%	91.86%
		MDM on the previous day of			
		visit			

Trends: In total there are 110 Govt. institutes and 4 Madarsaas that are served cooked food by the centralized kitchen system. In 2013-14 almost all the children enrolled are covered under midday meal scheme. But as per field based data, in Chandigarh, in the sampled schools, about 95.92% students were opted for MDM. As it is clear from the above table, about 4.08% students have not opted for MDM in schools. However, out of those who take MDM regularly the percentage of children availing MDM also revealed variation on day to day basis. It is noticed on the day of visit 68.79% students of the total enrolled and 86.50% of the total present were having MDM actually who have taken food in school and not brought food from home. The previous day's record of MDM utilization revealed that

72.24% students of the total enrolled and 91.86% of the total present students have taken MDM. The major factor contributing to the difference in utilization of MDMS in day to day scenario by students is the menu, as students have stated that they like Karhi- Rice, Rajmah - rice.

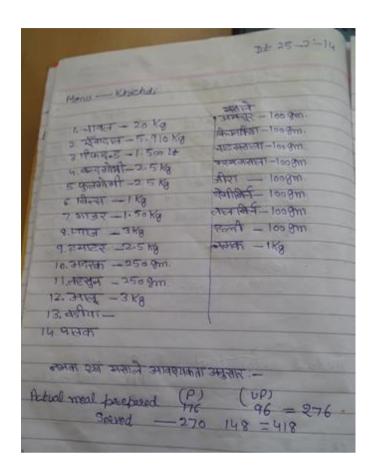
In overall scenario, food of only 49.61% students of total enrolment is taken from centralized kitchen or made in the school based kitchen. With relation to presence of students food of only 62.38% students is cooked or taken. Moreover, in Chandigarh, in the schools of inner circuits of the city, about 20-25% students were bringing their food from home also like in GMSSS-16; GMSSS- 35, GMSSS-15, and GMMS-45; however some of them have opted for MDMS; in the outer circuits schools of the city, about 7-8% students were bringing food from home also. The students who were bringing food from home stated that they took food when it is of their liking, or sometimes they took Karhi / rajmah only. One major factor is there that students in the evening shift primary schools are served rice based menu for all the six days and chapattis are not served at all to them which leads to less liking and intake of food by students.

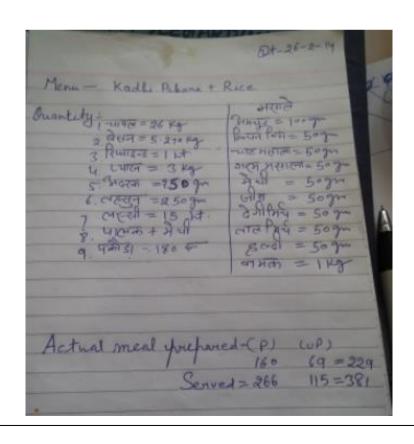
Due to population variation on the basis of density and socio- economic – status in different sectors of the city, there is variation in the population of students who are having have MDM in actual. In the outer circuits of Chandigarh i.e. areas which are inhabited by poor population all the students have been opted for Mid-Day Meal and having MDM.

But in the schools of inner sectors all the students are not having midday meal regularly however maximum of them have opted for Mid Day Meal. In all 10-12% students are not having mid- day meal regularly, 10-12% are having food when meal is of their liking in these schools. In all schools the food is sent from the kitchen for the ¾ of the total enrolment as the quantity of food is enough for all. There was no evidence of surplus cooking or wastage of cooked food on the basis of daily estimation.

In the picture it's clear that in GMSSS-15- school based kitchen (Enrollment of 552), the meal prepared for 276 students is served to 418 students on 25-02-2014; the meal prepared for 229 students is served to 381 students on 26-02-2014. Its clear that food is prepared for 65% of students and served to all the students who have opted (441 students) i.e. 20% students either not opted for MDM or bring food from home regularly. In school based kitchens the MDM is

prepared for 65-70% of the present students and who have opted for MDM.





9.0	SOCIAL EQUITY	
9.1	What is the system of serving and seating arrangements for eating?	All students sit in groups in the classrooms and in outer circuit schools students also sit in varandhas to have MDM.
9.2.	Did You observe any gender or caste or community discrimination in cooking or serving or seating arrangements?	No discrimination prevails on gender/ caste / community basis in cooking or serving or seating arrangements
**	Cooled Equity: In all the 40 col	sools there is no social discrimination in conting

Social Equity: In all the 40 schools, there is no social discrimination in serving mid-day meal. Some of the possible factors of discrimination like caste, gender or community have not been influencing MDM at any stage in the process of its implementation. It has been observed that in all of the schools children are served mid-day meal in a systematic manner in the classrooms at their bench /seat. It is observed that students belonging to higher primary classes helped in serving and distributing mid-day meal to primary class students. In schools of periphery of Chandigarh, students were also found sitting in varandhas for having MDM. In GSSS, Sector-15, a special dining room is there to serve food to about 50 students in one go but it's very small however the effort is good. Teachers' make arrangement to serve students in dining room on turn basis.



STUDENTS HAVING MDM IN GMSSS- 15 IN DINING ROOM

10.0	SUPPLEMENTARY:	
10.1	Is there school Health Card	School Health Card for Child was maintained in
	maintained for each child?	all the sampled 40 school having only detail of
		height/ weight. But no detail of haemoglobin,
		Body Mass Index. Only referrals are given in
		some cases like eye check up and dental
		problem.
10.2	What is the frequency of health	In all the 40 schools (100%) where School
	check-up?	Health Card for child was maintained the
		frequency of health check-up was twice in a
		year.
10.3	Whether children are given	In 40 schools (100%) children were given
	micronutrients (Iron, folic acid,	micronutrients (Iron, folic acid dosage) and de-
	vitamin – A dosage) and de	worming medicine in the school by Health
	worming medicine periodically?	Department.
		No vitamin A dosage given.
10.4	Who administers these	These medicines were administered by health
	medicines and at what	department workers and by the teachers. The
	frequency?	frequency of deworming medicines is twice in a
		year in all the schools. The IFA tablets are given
		to teachers to distribute among the students.
10.5	Distribution of spectacles to	Spectacles given to some students who have
	children suffering from	defective eye sight.
	refractive error	
**	Supplementary: The data collect	cted from schools has indicated that health check-
	up to children is conducted in all	40 schools. It has also been found that most of
	the schools have conducted heal	Ith check-up camps twice in an academic year.
	However, the supply of de-wormi	ing medicine and iron folic acid tablets has been
	confirmed in all the schools. The	task of providing all this is handled by teachers,
	specially the class teachers. The	de-worming medicine is given to children once in
	six months.	

<u>11.0</u>	INFRASTRUCTURE		
11.0	Infrastructure: Is a pucca kitchen shed-cumstore:	 All the Centralized Kitchens have proper infrastructure for storing and cooking. Centralised Kitchens are Dr. Ambedkar Institute of Hotel Management, Chandigarh. Chandigarh Institute of Hotel Management, Chandigarh. Chandigarh Industrial & Tourism Development Corporation, Chandigarh (CITCO). In 7 schools, GMSSS-10, GSSS-15, GMHS-38-D, GMHS-42, GMSSS-44, GMSSS-47, GMSSS-26 a kitchen shed cum store has been constructed and the MDM is prepared there to serve the students in the lunch hour. The kitchens of visited schools i.e. GMSSS-10, GSSS-15 and GMHS-42, are well equipped, clean and properly maintained. Water arrangement and storage arrangement is good in the kitchen. Proper care has been taken of safety measures. Students of these 	
	Detail of Infrastructure in C	taken of safety measures. Students of these schools were happy as they are getting varietal food there. entralised kitchens:	

Infrstructure	Dr. Ambedkar	Chandigarh	Chandigar
	Institute of Hotel	Institute of Hotel	Industrial
	Management,	Management,	Tourism
	Sec-42,	Sec-42,	Developm
			Corporation
			Sec-17,
Measuring gadgets	Yes	Yes	Yes
Garbage bins	Yes	Yes	Yes
Dish washing	Yes	Yes	Yes
Cooking quipments	Available	Available	Available
Lapse in preparation and	45 mins-1 hr	45 mins-1 hr	45 mins-1
packing			
Packing of food	In patilas	In patilas	In patilas
Kitchen incharge	1	1	1
Store incharge	1	1	1
Cleaner/ sweeper	4	5	4
Purchase in charge	1	1	1
Purchase procedure	E- tendering	E- tendering	E- tenderir
Food ingredients	Stanardised	Stanardised	Stanardise
Cook	20	22	11
Head cook	3	5	1
Head gears by cooks	yes	yes	yes
Uniforms	yes	yes	yes
Gloves	Not by all	Not by all	Not by all
Transportation of food	Trucks (mini)	Trucks (mini)	Trucks (mi
Supervisors by deptt.	Appointed to	Appointed to	Appointed
	carry food	carry food	carry food





CENTRALISED KITCHEN - FOOD PREPARATION

11.2 Kitchen-cum-store in hygienic • Kitchen cum store good all of the visited condition, properly ventilated schools having kitchen shed. and away from classrooms Centralized kitchens also have good infrastructure. 11.3 Whether utensils are available By observation and having discussion with for cooking food? If available is the cooks and visit to the kitchen shed in each it adequate? sample school MI found that all the sampled schools had adequate utensils for cooking; and for serving of MDM to students.

11.4	Availability of eating plates	Eating plates not available in all schools.
11.5	Storage Bins & source of procurement	Storage bins available in all school based kichens for food ingredients. But no bins for storage of grains.





STORAGE IN CENTRALIZED KITCHENS





STORAGE IN SCHOOL BASED KITCHENS

11.6	Availability of fire extinguishers	Fire extinguisher installed in all the centralized and school kitchens.
11.7	 Toilets in the school Is separate toilet for the boys and girls are available? Are toilets usable? 	It is observed that all schools have separate toilets for boys and girls and are usable.

11.8 IT infrastructure available @ School level

- Number of computers available in the school (if any).
- Availability of internet connection (If any).
- Using any IT / IT enabled services based solutions / services (like e-learning etc.)
- Computers available in all upper primary schools only.
- In high and senior secondary schools, it ranges from 11-24.
- Internet connection there in all upper primary schools.
- E-conent/ CDs available in all upper primary schools for the students self paced learning.

Infrastructure: The supplying institutes have their own kitchen cum storage areas. Kitchen sheds have been constructed in 7 different Government schools i.e. GMSSS-10, GSSS-15, GMHS-38-D, GMHS-42, GMSSS-44, GMSSS-47, GMSSS-26 with facilities of storage for dry and wet ration etc. The kitchen shed located in GMSSS-10, GSSS-15 and GMHS-42 has been running very well which are sampled in first phase.



KITCHEN SHED (INSIDE VIEW) OF GMSSS, SECTOR-42



STORAGE ROOM OF KITCHEN SHED OF GMSSS, SECTOR-10

12.0 **AVAILABILITY OF WATER:**

12.1 Whether potable water is available for cooking and drinking purpose?

- Potable water available in almost all schools for drinking purpose.
- Water coolers with water filters are installed in all the schools.
- More water tanks required in the schools of the outer circuits of the city
- In all the three centralized kitchens, and visited school based kitchens of 3 schools, water for cooking is sufficiently available.
 But water filters need to be installed in kitchens also.

* Drinking water: Drinking water: The availability of water has been confirmed in all the 40 schools. The quality and quantity of water has been found to be good for purpose of drinking in all schools; water coolers with water filters installed in all schools. In schools of outer circuits, more water tanks need to be installed and more cleaning of the already installed tanks and drinking water areas is needed.

<u>13.</u>	UTENSILS (COOKING/ SERVIN	<u>G)</u>	
13.1	Whether utensils used for	Adequate for cooking in all of the schools.	
	cooking food are adequate?		
13.2	Whether utensils used for	Available in all of the visited schools.	
	serving food are adequate?		
13.3	Availability of eating plates.	Not available in all of the visited schools for all	
		students.	
**	Utensils: The responses from the	ne schools indicated that all of the visited schools	
	have enough utensils to cook and	d serve food.	
<u>14.</u>	TYPE OF FUEL USED		
14.1	What is the kind of fuel used?	LPG in centralized and school based kitchens.	
	(Gas based/firewood etc.)		
14.2	Whether on any day there was	Not in any school.	
	interruption due to non-		
	availability of firewood or LPG?		
**		at all the centralized kitchens and school based	
	kitchens using Liquid Petroleum Gas (LPG) as fuel for cooking.		
	L DO LICED AT CMCCC CECTOD 40 (CCLICOL KITCHEN)		
15	LPG USED AT GMSSS, SECTOR-10 (SCHOOL KITCHEN)		
15.1	SAFETY & HYGIENE: General Impression of the	Obs:	
13.1	·		
		Clean and safe environment of cooking in all the three centralised kitchens and school.	
	hygiene:	all the three centralised kitchens and school	

	based kitchens.			
	In schools, serving areas are the classroon			
		and no common shed is there. Classrooms		
		are clean in 80% (32) schools but cleaning of		
		floors of classrooms is required after the		
		serving of the food in 20% (8) schools.		
15.2	Are children encouraged to	Obs: Yes, Students encouraged to wash hands		
	wash hands before and after	before and after eating in 30 (75%) schools.		
	eating?			
15.3	Do the children par take meals	Obs: Students in all sampled schools take meal		
	in an orderly manner?	in a very disciplined and orderly manner.		
15.4	Conservation of water?	Obs: Students encouraged to conserve water		
		and in 28 (70%) schools; instructions are		
		written at the appropriate places in 50% schools		
		in this regard.		
15.5	Is the cooking process and	Obs: Cooking process and storage of fuel is		
	storage of fuel safe, not posing	totally safe in all the centralized kitchens and		
	any fire hazard?	school based kitchens.		
**	Safety and Hygiene: All the cer	ntralised kitchens and school based kitchens have		
	been making the best possible ef	ffort to ensure hygiene in the place where mid-day		
	meal is prepared. In schools of Sector- 12 (primary and high school), HalloMajra,			
	Mauli colony, Mauli jagran more cleaning is required in the classrooms after the			
	meals. In 28 of the visited schools, the teachers have been found to be reminding			
	and prompting students to wash their hands before taking food. All the schools			
	have been making deliberate efforts to serve food in an organised way. This has			
	been done to ensure proper serving of food to all, to monitor the use of water and			
	to ensure cleanliness and hygiene. The students are served food on their seat.			
42.5				
<u>16.0</u>	COMMUNITY PARTICIPATION:			
16.1	Extent of participation by:	The extent of participation by SMCs/		
	SMCs/Panchayats/Urban	Panchayats/ in daily supervision, monitoring, is		
	bodies in daily supervision,	satisfactory.		
	monitoring, participation	 In 11 of sampled schools SMC members 		

MDM once a week.	
MDW once a week.	
In 13 of the sampled school	ls SMCs monitor
and supervise MDM fortnigl	htly.
In 16 of the sampled school	ls SMCs monitor
and supervise MDM once in	n a month.
16.2 Is any roaster being No such formal roaster is being	g maintained for
maintained of the community SMC/ MTA/ Parents for daily n	nonitoring of
members for supervision of the MDMS.	
MDM?	
16.3 SMC meetings: (Special Meeting conducted every mon	th but there was
reference to MDM) no special reference to quality	of food. Only
reference to grant of cooking of	cost received or
cook cum helper remuneration	when grant is
received. Mothers invited in so	me schools to
taste food mentioned it in MDN	M register that food
is good.	
16.4 Is there any social audit Only of grants by the SMC me	mbers as
mechanism in the school? resolution made that grant is u	sed for what
purpose is written in SMC reso	olution register. Not
of grains or other food ingredie	ents.
16.5 Community members/ parents In 26 of the sampled so	chools community
awareness about quantity of members/parents are aware a	about menu of the
MDM per child week of MDM and they are	e aware that their
children will get sufficient food	
a. At Primary level • About quantity of food of	only in 1 primary
schools' parents are aware	about the quantity
of MDM prescribed per ch	nild being given at
primary level.	
b. At Upper primary level • In 04 upper primary so	chools community
members/parents were aw	are about quantity
of MDM per child being	g given at upper
primary level.	

16.6	Number of members received	About 62% of the SMC members received	
	training regarding MDMS and	training. (Data is of 71 who are interviewed by MI	
	its monitoring	team)	
16.7	Extent of participation by	The extent of the participation of members of	
	SMCs/Panchayats/Urban	SMC in the day to day management, monitoring	
	bodies in daily supervision and	and supervision is good in 11 (27.5%) of visited	
	monitoring of MDM.	schools; fair in 13 (32.5%) of the sampled	
		schools while 16 (40%) reported poor	
		participation.	
16.8	General satisfaction of	• In 28 (70%) of sampled schools community	
	community members/ parents	members/parents rated the overall	
	about the overall	implementation of the MDM programme as	
	implementation of MDM	good.	
	programme :	• In 12 (30%) of sampled schools community	
		members/parents rated the overall	
		implementation of the MDM programme as	
		satisfactory.	
16.9	Frequency of monitoring and	There is no specific schedule, but it is being	
	cooking and serving MDMS by	done occasionally by the some of the active	
	SMC members	members of SMC. In 22 schools, heads reported	
		that they invite the parents occasionally to check	
		the food.	
16.10	Contribution made by the	No major contribution reported in any school.	
	community for MDMS		
16.11	Source of awareness about	In 28 of visited schools source of awareness	
	MDM scheme	amongst parents/ community about MDM	
		scheme was newspaper/ SMC members /and	
		school authorities.	
		In 12 of visited schools source of awareness	
		amongst parents/ community about MDM scheme was students and school authorities.	
		Scheme was students and School authorities.	

**	Community Participation: The participation by parents, SMC members and the		
	community has not been quantified. However, their participation has been		
	assessed through discussion, observation at the time of field visits and interviews.		
	The participation level of SMC members and parents to supervise mid-day meal		
	varies from school to school. The data collected from sample schools indicates		
	that there is no roaster of parents formally prepared for supervision.		
	a) Parents: The data collected from 109 parents (2-3 parents in each school		
	interviewed by the MI team members) has confirmed that all of the parents have		
	knowledge that MDM will be served in school and 85% are aware about the menu.		
	About 89% of parents of sampled	d schools are satisfied with the quality of food.	
	b) SMC Members: The data co	ollected from 71 SMC members (1-2 members in	
	each school interviewed by the	MI team members) has confirmed that all of the	
	SMC Members have knowledge	about mid day meal serving in school hours and	
	81% are aware about the menu	. About 87% of SMC Members are satisfied with	
	the quality of food.		
	c) Source of Awareness about the MDM Scheme among parents: The major		
	source has been the teachers / school authorities/ SMC members for the MDMS		
	awareness among the parents. News papers/ radio/ TV also being the other		
	important sources. There are others like inhabitants of the locality, friends and		
	relatives contributing towards awareness about mid-day meal scheme.		
<u>17.0</u>	INSPECTION & SUPERVISION		
17.1	Is there any Inspection Register	Only visitor book is available. No special	
	available at school level?	roaster is available for MDM supervision.	
17.2	Whether school has received	Soap grant	
	any funds under MME		
	component?		
17.3	Has the mid day meal	Cooking at the above said centralized	
	programme been inspected by	institutes is supervised by the	
	any state level officers/officials?	Principals/Heads of the schools from 5:00 to	
		8:00 a.m(vice principals) & 8: 00 a.m. to 10.00	
		a.m. (Principals) in rotation. Further retired	
		personnel have been engaged as	
		Inspectors/Supervisors to monitor the cooking	

from the centralized kitchens Inspected regularly at the School level, school head and MDMS incharge take care of the supervision in school. In school based kitchens, a supervisor to manage MDM in school is appointed in all the kitchens. As reported by the schools, 16 of the sampled schools are monitored by State Level Officers in the last one year. Inspection and Supervision of MDM by District Level Officers: Inspection and Supervision: The MDM scheme has been supervised at the Central and School level. There are many high officials involved and assigned with this responsibility which is taken care occasionally, only DEO/ Deputy DEO take care of the MDM. On a daily basis, it is the head and MDMS incharge who supervise and inspect at the school level. Impact: Has the mid day meal improved the enrollment, attendance of children in school, general well being (nutritional status) of children? Is there any other incidental benefit due to serving cooked meal in schools? Enrolment: While responding to the question relating to the impact of MDM on improvement of enrollment of children in schools, headmasters of 7 schools reported that there is no significant impact of MDM on enrolment of students. Attendance: In 14 sampled schools, teachers reported that there is no significant impact of MDM has improved attendance of children in schools. In 18 sampled schools, teachers reported that			and distribution of cooked meal in the schools	
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	T		
		MDMS has improved attendance after recess.	
		Nutritional Status:	
		• In 6 sampled schools, teachers reported that	
		MDM and health check-ups has improved,	
		general well being (nutritional status) of the	
		children.	
18.2	Whether mid day meal has	Yes, there is cohesiveness among the students.	
	helped in improvement of the		
	social harmony?		
	Impact: The mid-day meal scheme has been found to have made impact		
	improving the overall attendance of children to schools and also after recess. The		
	most prominent outcome indicated is that it has been able to eliminate hunger of		
	the children coming from poor households and enable them to participate actively		
	in classroom learning activity in some schools which are located in poor colonies of		
	the district.		
19.0	Grievance Redressal Mechanis	s <u>m</u>	
19.1	Is any grievance redressal	Redressal mechanism is there.	
	mechanism in the district for		
	MDMS?	Phone No's at state level given i.e.	
	Whether the district / block	0172- 5021697	
	school having any toll free	But phone no's/ email adress for grievance	
	number?	redressal - MDM need to be displayed in	
		schools.	
	I.		

Major Observations of MI:

- More Green and Leafy vegetables to be included in the menu as only Cucurbits (ghia) and spinach (palak) included. In vegetables seasonal vegetables to be cooked particularly in school based kitchens.
- 2. Some fruit may be given on some day.
- Double fortified salt need to be used.
- 4. More involvement of community in MDMS required
- 5. Hygiene of cook cum helper should be taken care of regularly.
- 6. Capacity building of cook cum helper should be done for hygiene and cooking.
- 7. Water tanks need to be cleaned regularly.
- 8. The rights and entitlements of children for MDM should be displayed prominently on the walls of the schools.
- 9. Meals as per minimum entitlement of students to be served to the students prescribed by Gol from all kitchens.
- 10. School health programme should be there to improve the health of students and not only to provide the tablets or measure height and weight.
- 11. Phone no of grievance redressal regarding MDM need to be displayed in schools.
- 12. Overall 20-22% students were bringing their own Tiffin and about 4.08% students have not opted for MDM.
- 13. Students of primary school evening shift schools reported that they were provided Rice based Menu all times in a week. MDM is supplied to all the institutes by 3 centralised kitchens in rotation. Wheat based menu is prepared only by one kitchen. Moreover, as the first food of residents of Chandigarh is wheat, so on more days Chapatis/ parathas should be provided in each school. So, provisions have to be made by the administration that for 3 days wheat based menu to be provided to all students as its highlighted by some parents.
- 14. Roster for parents and community members for day-to-day supervision of the MDM was not prepared by any of the school visited by the MI.
- 15. Discipline and order is maintained by 100% of the sample schools with children while taking MDM. But cleanliness of classrooms required after the meals in the schools especially in the schools of outer circuits and villages.

LIST OF THE VISITED SCHOOLS -CHANDIGARH (UT)			
S.	NAME OF THE SCHOOL	NAME OF THE	DISÉ NO
NO		BLOCK	
1.	GPS 12 PGI		
2.	GPS BUTERLA		
3.	GPS - 26 TM		
4.	GPS RAILWAY COLONY		
5.	GPS MAULI COMPLEX		
6.	GSSS KHUDDA ALISHER		
7.	GSSS KAIMBWALA		
8.	GGMSSS 8 B		
9.	GMHS KHUDDA JASSU		
10.	GSSS KHUDDA LAHORA		
11.	GMHS -12		
12.	GMSSS 15		
13.	GMSSS-16		
14.	GMHS -42		
15.	GMHS 22 C		
16.	GMSSS 23 A		
17.			
	GGMSSS 23 A		
18.	GHS DADU MAJARA		
19.	GSSS DHANAS		
20.	GHS 38 B		
21.	GMSSS 38 W		
22.	GMSSS MALOYA		
23.	GHS MALOYA COLONY		
24.	GHS 53		
25.	GHS SECTOR 54		
26.	GMSSS 35 D		
27.	GMMS 45		
28.	GSSS 45		
29.	GMS 33 B		
30. 31.	GMSSS 28 D GMSSS 26 TM		
32.			
33.	GHS COLONY NO 4 GMHS 29 A		
34.	GMRS 29 A GHS SECTOR-50		
35.	GMSSS 47		
36.	GHS 47		
37.	G113 47		
37.	GHS KARSAN		
38.	GHS HALLOMAJRA		
39.	GHS MAULI COLONY		
40.			
	GMS KISHANGARH		